



# Highlands School Newsletter

08 March 2024



Dear parents and carers,

Over the course of the academic year we will ask students and their families to complete surveys about their experiences at Highlands. We asked our year 7s and their families to do this first, and in today's newsletter on pages 6-8 you can see some of the feedback and suggestions made by families, our responses, and the changes we have made to school. When it is your turn to be invited to complete the surveys please do so, as the more feedback we get the more we can improve our school.

On Thursday this week it was World Book Day. We incentivised our staff to come dressed as characters or books by giving 200 points to each staff member for their house. More Rowan staff than any other house came dressed up and added 4,000 points to their inter house total. Well done to all the staff who participated and to the English and library team for arranging the assemblies.

I was lucky enough to watch the year 9 and 10 girls' football team play Fortismere at Highlands on Thursday afternoon this week in the semi-final of the Middlesex Cup. The game was a really tight one with Highlands winning 2-0 following a late second goal. Our girls will be in the final in a fortnight and we wish them the best of luck as they look to bring the under-15 girls trophy back to Highlands again. Well done and good luck for the final!

A reminder of important dates for your diaries:

- Wednesday 13th March: year 10 parents' evening
- Thursday 14th March: GCSE music recital evening
- Wednesday 20th March: year 12 parents' evening
- Thursday 28th March: last day of spring term, students dismissed at midday
- Monday 15th April: start of summer term

Have a great weekend,

Mr McInerney,  
Headteacher



## World Book Day celebrations

The magic of literature weaved its spell within our school walls on Thursday to celebrate World Book Day! This year our amazing staff decided to take the celebration to a whole new level by dressing up as some of their favourite literary characters!

From Mary Poppins to Jaws, Where’s Wally to Little Red Riding Hood, staff truly celebrated World Book Day in style, and of course earning each of their houses 200 points.





## World Book Day assemblies

This week we celebrated World Book Day in our assemblies! We highlighted the importance of books and how they help to spark imagination, improve language and literacy skills and can even be a source of comfort and solace for many readers.

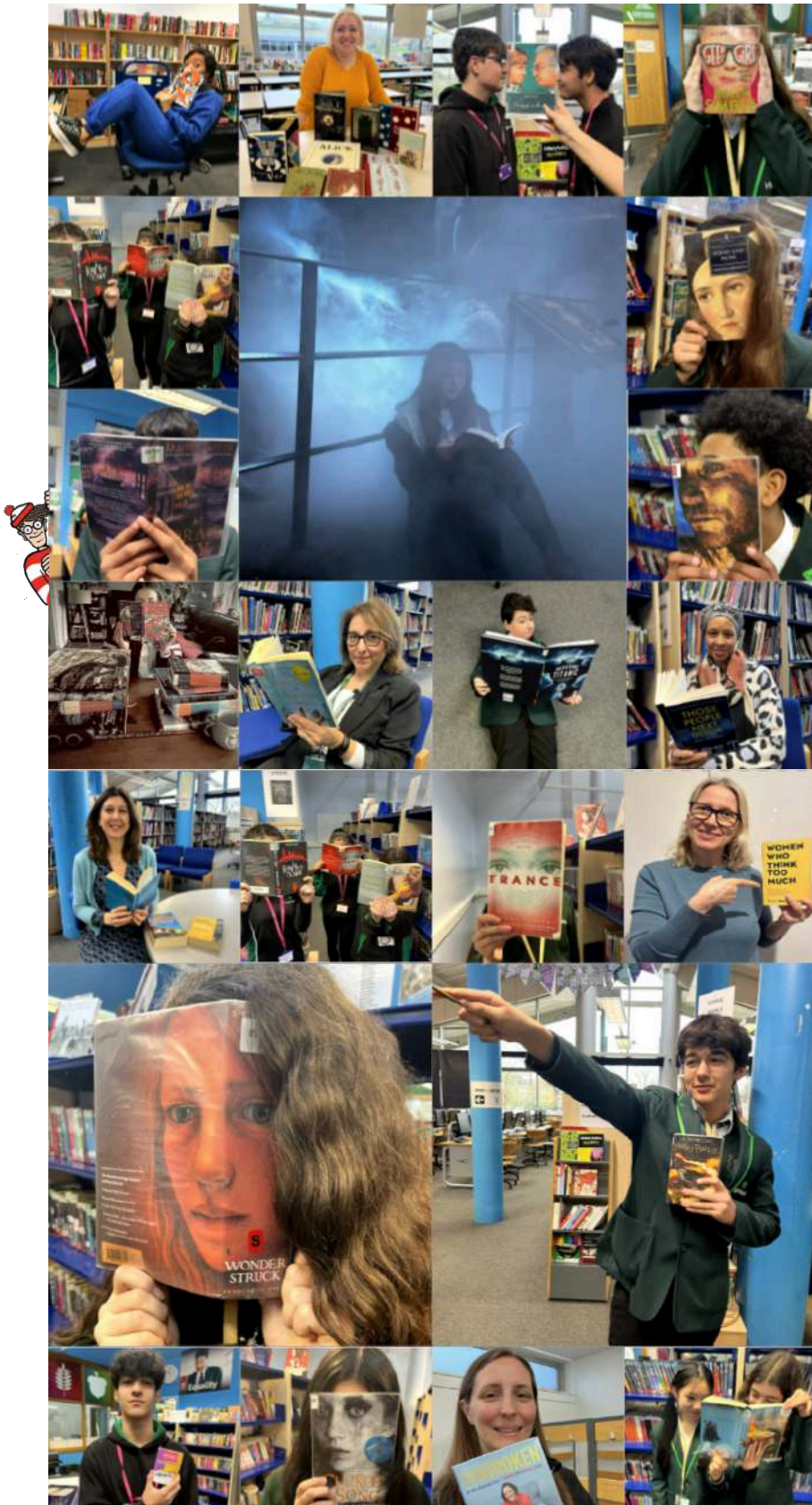
Students and staff spoke about the diversity of books, from thrilling fictional adventures to classic novels. Our students have been encouraged to step out of their comfort zones and try something new – perhaps picking up a book from a genre they've never explored before!





## World Book Day book selfies

Thank you to everyone who participated in the World Book day selfies! The enthusiasm and love for reading within our school community is truly inspiring. Well done to Chloe Tsiamas in 7ODM who was the winner of the competition (pictured centre, below).





## Year 7s Sue Wallman author webinar

This Tuesday, year 7s had a virtual visit from the children's author, Sue Wallman. Not only did Ms Wallman detail her writing process and her steps to becoming a successful author, she also discussed the low points of book rejection and changing focuses.

Students had the opportunity to ask questions that varied between, "Who inspired her?" to "What was her favourite and hardest book to write?" The enthusiasm and focus of all those involved was high, with questions coming fast and furious.

When asked, How would you judge if the virtual visit was a success? The resounding response from year 7 was that we would be able to see an increase in the number of her books taken out of the library. We are pleased to say that not only has there been an increase, but we have also had requests for some of her other book titles that are not currently in our library.

We are so pleased to see this direct link between this author's visit and reading at Highlands. More of Sue Wallman's books will be added soon, but she can always be read online through the ebook section on the school website.

We can't wait for our next author visit.

Ms Taylor





## Year 7 parents/carers and student feedback surveys

Throughout this academic year we will, one year group at a time, be asking students and parents / carers to complete surveys to allow us to gather feedback on various aspects of our students' educational experience at Highlands. Our year 7 surveys were carried out before Christmas, we have collated the results and put actions in place to improve our school and now we are sharing them with you.

Firstly, thank you to those who filled out the survey. You gave up your time to tell us about our school and we have made changes to improve it as a result.

We were pleased and grateful that so many of you responded to this survey and we are delighted with the positive feedback we received. 96% of parents who completed the questionnaire said that they would recommend Highlands school to other parents considering a secondary school for their child.

In response to the feedback we received we have been able to implement the following changes.

Identified concern from survey	Actions we have taken as a school
<b>Safeguarding</b>	
Students stated they would have liked to receive more information on which teachers they could speak to if something is troubling them.	Updated posters have been displayed around the school which display pictures of the executive safeguarding team, including behaviour mentors and the school counsellor. We are considering including a list of teachers' names into the student planner so students are aware of who they can talk to if needed.
<b>Extra curricular activities, clubs and trips</b>	
Students are unclear how the allocation of Ed-Extra activities are decided.	Ed-Extra activities are allocated by asking students to pick a first, second and third choice via a Google form. We deliver a range of activities including boxing, samba and coding. We do our very best to ensure all students that complete the Google form, end up with one of their choices. At the end of each term we listen to students' feedback in order to make improvements for the next set of Ed-Extra sessions.
A small group of students identified that they wanted more information about DARE days earlier, they didn't want to be in the same groups and wanted to be off site for at least one of the DARE days.	After each DARE day we ask students to complete an evaluation form in order to improve the next set of activity days. We have taken this feedback on board by sending out the itinerary for the summer in February, we have spoken to trip leads about activity groupings and we can guarantee for the next two DARE days at least one of the days will be off site.



More information about clubs and activities for parents and carers	In January you would have received the newsletter and an email stating the wide range of extra curricular activities that we will be offering after school for the rest of the academic year.
Lack of support from school for students wanting to complete homework in school (club).	Next term the new homework strategy will be launched and all parents and carers will receive information on this and how to best support their child when completing independent learning. On 19th February a year 7 / 8 homework club started that students can attend in the DT computer area. This club is a drop-in session and will not take the place of a detention unless agreed to by the head of year.
<b>Year 7 induction</b>	
A map of the school would have helped students in their first couple of weeks of being at Highlands.	We will be introducing a map into the year 7 transition packs for the new year 7s and we are looking into having the map printed in the front of the planner.
<b>School dining</b>	
Students had concerns regarding the price of items in the canteen as well as not having a cold meal deal that they could buy and eat outside in the playground.	We will be incorporating the menus and costing of items in the new year 7 transition pack. Prices and menus will be in the newsletter each half term - including changes in prices or what a meal deal includes. We have been working with the school's catering company and from 16th January 2024 they launched a cold meal deal offer for all students.
Not enough choices of different food in the canteen.	There are lots of discussions with the school catering company in order to introduce more culturally diverse cuisines every half term. Each house will be in charge of promoting the cuisine.
<b>School toilets</b>	
Some students felt uncomfortable using the same toilets as the rest of the school.	At lunch times year 7 have sole use of the toilets already.  At break time, in response to this feedback, we launched a new toilet system, which started on Thursday 29th February. There is now a Key Stage 3 toilet, so year 7s only use the toilets with year 8 and 9. We also now have a member of staff outside the toilet to make sure it is not overcrowded.  The single cubicle disabled toilets are available for use at break and lunch as well.



House system and student leadership	
There are not enough house /department competitions throughout all subjects.	From September department competitions have been taking place but we will ensure that each department facilitates at least two department competitions each academic year. School wide competitions will continue to be planned throughout the rest of the academic year.
Students want a place or someone that they can speak to if they want to make a suggestion about lessons, lunch etc.	We have ensured this year that all forms in the school have at least one form representative in order to be the spokesperson for the class. They can bring any issues raised to the house council for discussion. We have made lots of changes already following suggestions of form reps including increasing the number of basketball nets and teams, introducing a Highlands reusable water bottle (being launched soon) and holding a culture and heritage non uniform day.
More acknowledgment of the pupils to reach a set goal for house points, and to also encourage academic achievement.	We have created award certificates for academic excellence and most improved students - not only recognising DARE values but also academic achievement. The first set was given out after the year 9 mid-year assessments. The year 7 awards will be given out in the next few weeks.

We thank you for your continued support in making Highlands School a safe, caring and respectful community and a beacon of educational excellence.

**Mrs Jaynes**





## Exciting News for British Science Week: Celebrating 30 Years with the Theme of Time!

### British Science Week 8th - 17th March #BSW24

We're thrilled to announce that British Science Week is back, and this year, they're marking a significant milestone celebrating their 30th anniversary! To make this year's celebration extra special, they've chosen a theme that's both fascinating and universally relatable: **Time!**

Now, you might wonder, how do we encapsulate such a broad and intriguing concept into a week of fun home learning? Well, we've got some exciting ideas to share with you.

**Poster Competition:** We're kicking things off with a bang by inviting students to unleash their creativity and design posters based on the theme of **Time**. From the fastest animals to the slowest processes in nature, the possibilities are endless! **Plus, there are fabulous gift vouchers up for grabs**, so get those creative juices flowing!

**Engaging Discussions:** Time is a topic that sparks endless conversations. **We will be delivering in science lessons a 'scientist a day' who are in careers working towards slowing down the impact of climate change.** But we're also encouraging students to share their thoughts on what time means to them, how they tell time, and the differences they observe compared to previous generations. It's a journey of exploration and reflection that fosters a deeper understanding of the world around us.

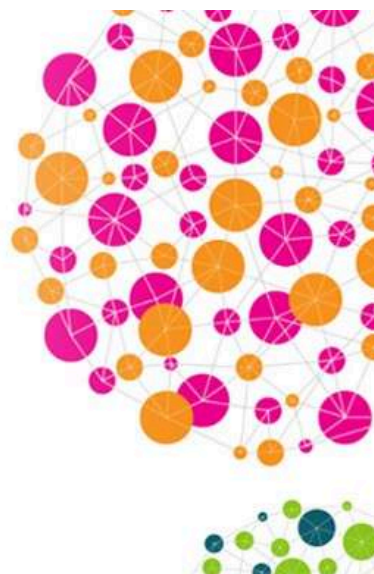
As we embark on this journey through time, we invite you to join us in celebrating British Science Week's 30th anniversary. Together, let's ignite curiosity, inspire creativity, and unlock the wonders of science!

For more information on how to participate in our poster competition and other activities, visit [British Science Week competition](#). **To win a school prize please send a photo of your poster to Dr Len - [lena@highlearn.uk](mailto:lena@highlearn.uk) by Monday 18/03/24.** You have to be in it to win it! A prize will be given to the best poster for each year group.

Let's make this year's British Science Week a truly memorable one!

Dr Len

8-17 March  
British  
Science  
Week  
2024





## Headteacher award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Rohan Biswas 13CRY:** Awarded for demonstrating a high level of resilience and determination in achieving his ambitions and gaining a Degree Apprenticeship.
- **Hugh Murphy 9BYC:** Awarded for showing consideration and exceptional kindness to a peer.
- **Mason Higginson 13TDU:** Awarded for his consistently conscientious approach to his A-level studies in history.
- **Rania Hashim 12BHK:** Awarded for her excellent academic attainment in her most recent mid-year assessment in history.
- **Kaan Aydemir 7WSW, Hannah Gibbons 7WSW and Adar Abdi Mahamed 7WSW:** Awarded for outstanding effort in English homework.
- **Joshua Murray 9RNB:** Awarded for showing extreme kindness to a vulnerable student.
- **Sulaimaan Rasooli 11OGA, Ravi Duggan 12BJT and Zende Gachette 12ODS:** Awarded for their contribution to the World Book Day assembly.
- **Carey Kirton 10BJC and Paula Shehu 10BJC:** Awarded for always having the correct equipment, following instructions, polite, excellent behaviour, generally doing the right thing.
- **Estelle Shopova 9BLM:** Awarded for her outstanding achievement in the GCSE D&T mid-year assessment.
- **Harrison Sykes 10RCB:** Awarded for raising Deaf awareness at Highlands School.





## Year 7 and 8 girls football

The year 7 and 8 football team have begun their 9-side league this half term.

During the first game against Southgate School we were 4-1 down at half time. A superb long range goal from Faye in the second half started the comeback, this was followed by a goal from Anaiya. Unfortunately we could not get the final goal to level the score despite a goalmouth scramble and ended up losing 4-3.

The second game of the season was against Latymer. Latymer scored early, but two goals in quick succession from Anaiya put Highlands in the lead at half time. Latymer scored the only goal of the second half to finish the game 2-2.

The next two games are against Wren Enfield and St Annes.

**Mrs Walters**





## Year 9 and 10 girls football

This week the year 9 and 10 girls football team played Winchmore School in the last of their league games. They are currently undefeated this season and went into the game knowing that a win would give them the league title. We dominated from start to finish with Sheki scoring a hatrick to contribute to an 8-0 win. Player of the match was Darcy.

Well done girls, you have had a great season!

**Mrs Walters**



## Highlands student laying the foundations to his future career

A huge congratulations to Rohan Biswas in year 13 for gaining a degree apprenticeship with the Hill Group, an award-winning 5-star housebuilder, creating a range of beautiful homes across London and the south east. Hill's Management Trainee Programme creates exceptional professionals in the housebuilding industry, offering a competitive salary whilst working towards a BSc (Hons) degree. The application process was rigorous, from applying online, a video interview testing key skills such as commercial awareness and motivations, assessment centre test, with the final in-person interview.



Rohan will start his 5-year degree apprenticeship in September, combining practical work on industry-leading projects and academic study towards qualifying as a quantity surveyor. Well done!



**Mrs Laurenzi**



## University and Apprenticeship Search Fair at Tottenham Hotspur Stadium

All of our year 12 students visited the Tottenham Hotspur Stadium for the London Spring 2024 University and Apprenticeship Search Fair on Friday 1st March.



The event was the perfect way for students to speak to representatives of all the UK universities and give them a clearer insight into which university or apprenticeship is right for them. Students also had the opportunity to attend different seminars throughout the day run by the universities including Russell Group, Red Brick, Specialist and Modern Universities. Students were also offered the chance to talk to the various UK's best apprenticeship providers, HE colleges, specialist institutions, and student-related organisations. The fair catered for students of all abilities.

***“It was a valuable experience for us to have the opportunity to explore different universities and learn about the variety of options they have to offer.”***

***“It was good to meet university representatives and speak to them directly and gather information. I feel more prepared now and have a better understanding of which universities and course I will apply for.”***

***“The university and apprenticeship fair was useful as it allowed me to meet various universities in one location. It also allowed me to ask questions to student ambassadors to get an insight of university life.”***





## Work experience at Equitix

Well done to Mohamed Osman in year 12 who attended a work experience day at Equitix, London after his successful application. Equitix is a leading international investor, developer and fund manager, focused on the core infrastructure market. The day consisted of an inspiring speaker talk plus a Q&A, networking with professionals, an industry talk and a panel discussion.

*“I was able to gain an inside understanding of the finance industry, especially with Equitix on how they work towards their vision of being recognised as leaders in infrastructure, responsibly investing with a long-term view and learning about assets management.”*



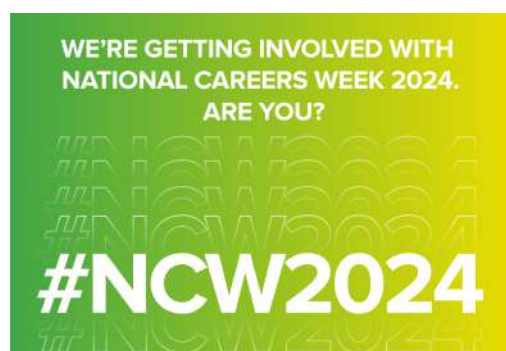
## National Careers Week: 4th-9th March

National careers week is a celebration of careers guidance and free resources in education across the UK. The aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people leaving education.

Students were shared career resources and quizzes and were given the opportunity to listen to virtual career talks during break and lunch times.

We would like to share ‘*The Parents’ Guide to National Careers Week*’ providing you information on everything you need to know about options after GCSE and sixth form – all in one place [The Parents Guide to NCW](#).

Mrs Laurenzi





## Insight day at Sanofi

Thirty-five aspiring medical and healthcare students across years 10 - 12, were given the opportunity to spend an insight day at Sanofi global healthcare and pharmaceutical company at their head office in Reading.

The day consisted of organised activities, learning about the lifecycle of a medicine from research and development to commercialisation, an insight into the multitude of different roles within the industry, hearing from key speakers, learning how to pursue a career in pharma/bio and the opportunity to speak to current industrial placement graduates.

Thank you to Felicia Pinto, Head of Regulatory Affairs UK & Ireland, Sanofi and to all the employees for giving up their valuable time to inspire our students, by sharing their career journeys and speaking about their current roles and to our students who were a real credit to Highlands.





## Social enterprise success!

**Great news, our social enterprise group – “High-Dr8” makes it through to the next heat!**

Following weeks of preparation, the year 9 social enterprise group, took part in a virtual zoom meeting to welcome their business mentor, Griff Tanner of Cirrus Logic digital solutions, who will be supporting them as they launch their identified issue to reduce plastic waste (single use water bottles) and replace with a 2-in-1 water filling station, dispensing reusable water bottles in school.



Students had prepared a comprehensive and realistic business plan and were able to answer questions put forward to them. The meeting was also assisted by Lewis Scott, Education Coordinator for Social Enterprise Academy, who commented on the remarkable progress, commitment, and passion to fostering this change the students demonstrated during the live meeting. The session also provided the students with valuable insights and offered a fresh perspective.

We are proud to announce, the students left an indelible mark on the mentor, earning themselves a coveted spot in the semi-final which will take place in front of four “Dragons” at the Dugdale Centre, where they will need to present a pitch with the potential of financial backing but also propelling these students into a promising future of entrepreneurship.

(A special mention also to the second half of the year 9 group, with their creative marketing strategies, and meticulous planning on the fundraising events, due to take part in school in the coming months. Watch this space when you can all support and find out which event the majority voted on to take place first.)







## Apprenticeship assemblies

We were delighted to welcome Georgina Anyadike from Apprenticeship Support & Knowledge (ASK), the leading organisation in the education sector working with schools to ensure that more individuals can access the benefits of apprenticeships.



Year 11 students had an awareness assembly as an introduction to apprenticeships and to help them discover the different pathways they could take and learn about the different levels and requirements, whereas year 12 students had a separate assembly learning about modern apprenticeships, focusing on those at Level 5 where the apprentice gains a degree level qualification without the need to pay fees as is the case with a traditional university-based degree. Students who take this route also gain invaluable experience of the role over the 4-5 years apprenticeship whilst also earning a salary.





## Virtual work experience opportunity

The virtual work experience (WEX) is now available this month. Students will have the opportunity to delve into *Obstetrics and Gynaecology* or *Paediatric and Dental Surgery*, gaining invaluable insights into these specialised fields. The medical programme spans over six months, while the dental is four months, offering a wide range of specialties to explore.

More details can be found [here](#).

To ensure students don't miss out on this fantastic opportunity, they need to attend the upcoming Get Into Medicine or Get Into Dentistry conference, granting them IMMEDIATE ACCESS to the Virtual Work Experience programmes.

Students and parents can register for free at these links:

[Medical registration form](#)

[Dental registration form](#)

For aspiring Doctors: FREE LIVE VIRTUAL Get Into Medicine conference dates:

- Saturday 9th March from 9:30am - 3:30pm
- Sunday 17th March from 9:30am - 3:30pm
- Sunday 24th March from 9:30am - 3:30pm

For aspiring Dentists: FREE LIVE VIRTUAL Get Into Dentistry conference date:

- Saturday 23rd March from 9:30am - 3:30pm

**Dr Len**

## Show Racism the Red Card competition

Well done to all of the students who entered the Show Racism the Red Card competition. There were some great entries that really captured the essence of the campaign against racism.

Well done to the following students who had the best entries:

- Elis Cristovao year 9
- Sophie Fryer year 7
- Aalycia Udahemuka year 8
- Olivia Zimaras year 7
- Beren Yildirim year 7
- Isobella McNeil year 8
- Mohammad Sheikh year 9



SHOW  
RACISM  
THE  
RED  
CARD



### In the heart of every soul

In the heart of every soul lies the melody of humanity, a symphony of diversity woven into the fabric of existence. Yet, amidst the harmonious chords, there exists a dissonance, a discordant note that echoes through the corridors of history: racism. It stains the pages of our collective story, casting shadows of prejudice and injustice upon the hearts of the oppressed.

But there are those who refuse to be silent witnesses to this injustice. They stand tall, like towering oaks in a storm, unwavering in their commitment to justice and equality. They are the champions of compassion, the warriors of empathy, and they brandish their weapons not with violence, but with the unyielding force of love and solidarity.

In the arena of bigotry, they raise their voices like thunder, declaring with fervour that racism shall find no sanctuary within the chambers of their hearts. They hold aloft the banner of unity, its crimson hue a symbol of the blood that binds us all as one human family. With each stride they take, they march closer towards a world where the colour of one's skin holds no sway over the content of their character.

And so, they stand united in face of a journey fraught with obstacles. They become a beacon of hope in a world shrouded in darkness. With every step they take, they illuminate the path towards a brighter tomorrow, where love triumphs over hate and acceptance reigns supreme. For they know that in the end, it is not the colour of our skin that defines us, but the depth of our humanity.

Elis Cristóvão 9WCM Highlands School



Sophie Fryer



Isobella McNeil

## RACISM

I may be black and you white  
But it doesn't mean we have to fight  
Its this form of discrimination  
That's tearing apart our nation

It doesn't matter where you come from  
It matters what you'll become  
Its not whats on the outside its whats within  
Why do you only see the colour of my skin?

Lets educate our generation  
About a world without seperation  
Where who we are is what we see  
Our prejudice is gone, our minds set free


It won't be easy but it shouldn't be this hard  
Lets show racism the REDCARD

Olivia Zimaras

ROSA

"I was a person with dignity and self-respect, and I should not set my sights lower than anyone else because I was black."

"You must never be fearful about what you are doing when it is right."



PARKS

"Racism is still with us. But it is up to us to prepare our children for what they have to meet, and, hopefully, we shall overcome."

"People always say that I didn't give up my seat because I was tired, but that isn't true. I was not tired physically... No, the only tired I was, was tired of giving in."

Aalycia Udahemuka



## EMS summer term Lesson booking information

Parents are now able to renew and book music lessons and activities for summer 2024 from the [Music Store](#).

To ensure parents are kept informed and do not miss the booking window we would be grateful if you could book as soon as possible lessons. The deadline for bookings, lessons and hire is **10th March 2024**.

### Important information re School Funded Pupils (FSM, Pupil Premium) and LAC and Adopted Pupils

Any funding forms issued for pupils for the autumn and/or spring terms are still valid for both FSM/PP and LAC/Adopted pupils so you do not need to issue new forms to those pupils.

You can find more information and guidance in [our FAQs](#) as well as other resources, guidance and information for schools on [The Hub](#), but please don't hesitate to contact us at [enfieldmusicservice@enfield.gov.uk](mailto:enfieldmusicservice@enfield.gov.uk) if you have any questions.

Summer term in-school lessons will start week commencing **22nd April** and pupils should receive 10 lessons during the course of the term.

Thank you very much for your continued support.

**Ms Maple**



Book now for lessons in the Summer term!

**MUSIC CAN HELP US:**

- Build confidence
- Enhance memory
- Express ourselves
- Be creative

EMS lessons start from around £7 per week

Click here to book 

Closing date: 10th March 2024





## GCSE Recital evening

Get ready to witness the musical talents of our incredible GCSE students at the upcoming GCSE Recital evening! Mark your calendars and save the date!

**Date: Thursday 14th March 2024**

**Time: 6.30pm**

**Location: Highlands School, main hall**

Prepare to be amazed as our talented students showcase their hard work and dedication in an unforgettable evening of music and performance.

Tickets will be available for purchase on ParentPay soon, so be sure to keep an eye out for further details. Don't miss out on this opportunity to support our students and enjoy an evening of musical brilliance. Stay tuned for more information, and we look forward to seeing you there!

Ms Maple



2024  
Highlands School Presents  
**GCSE RECITAL EVENING**

Main Hall  
14.03.2024 - 6:30pm  
**All Tickets £5**

QR CODE FOR DONATIONS

REFRESHMENTS FROM HPFA



## House competition weekly results

This week's overall house winner: **highest number of achievement points minus concern codes including the house points earned by staff for World Book Day.** Well done Rowan!

This Week	Beech	Oak	Rowan	Willow
Positive Points	4,234	4,541	5,241	4,159
Negative points	-435	-389	-284	-395
<b>Points overall</b>	<b>3,799</b>	<b>4,152</b>	<b>4,957</b>	<b>3,764</b>
<b>World Book Day points</b>	<b>1,800</b>	<b>3,800</b>	<b>4,000</b>	<b>3,000</b>
<b>Total points this week</b>	<b>5,599</b>	<b>7,952</b>	<b>8,957</b>	<b>6,764</b>

Here are the top students this week.

### Top students in year 7:

Forename	Surname	Form	House	Points
Aaliyah	Lascelles	7WSW	W	30
Evani	Page-Jayaraman	7WSW	W	28
Evie	Howlett	7WSW	W	28
Betsy	Coneywood	7OJT	O	27
Inaya-Amor	Pearl-Heron	7WSW	W	27
Katie	Redmond	7BEF	B	25
Syerah	Islam	7WSW	W	25
Adar	Abdi Mahamed	7WSW	W	24
Andrew	Spitaliotis	7OJT	O	23
Katrina	Awatar	7WSW	W	23
Marianne	Smith	7WSW	W	23
Ciara	Moore-Mcgowan	7WSW	W	23
Klea	Kambo	7WSW	W	23

### Top students in year 8:

Forename	Surname	Form	House	Points
Raya	Heidary	8RCX	R	37
Ruby	Knight	8RCX	R	35
Shanaya	Herman	8RBW	R	32
Max	Rich	8OSQ	O	30
Emily	Newton	8RBW	R	30
Nicholas	Andrews	8WNK	W	29
Azra	Demirci	8RBW	R	28
Stefano	Keliris	8RCX	R	28
Abel	Kalaj	8WMP	W	28
Sena	Oguz	8WNK	W	28
Xhorxhia	Kuvertaris	8RCX	R	27



### Top students in year 9:

Forename	Surname	Form	House	Points
Georgia	Gkiontsari	9BYC	B	47
Ediola	Muca	9RTC	R	46
Naisha	Kumar	9BYC	B	45
Ruby	Magrun	9BYC	B	45
James	Butcher	9OSM	O	45
George	Baker	9BYC	B	43
Joseph	Tsangari	9BYC	B	43
Gabrielle	Russell	9BYC	B	43
Ermioni	Tsantikou	9OSM	O	43
Kalia	Sibomana	9BYC	B	42

### Top students in year 10:

Forename	Surname	Form	House	Points
Elizabeth	Crutchley	10RCB	R	58
Sumiya	Mohamed	10RCB	R	57
Max	Gilzean	10OAB	O	53
Darcy	Dundridge	10RCB	R	49
Clayton	Stephenson	10RCB	R	46
Kamilah	Abib	10RCB	R	45
Isaac	Jones	10RCB	R	45
James Jian Wei	Wang	10RCB	R	44
Nuoyi	Lin	10RCB	R	44
Sufyaan	Kaderia	10RCB	R	44

### Top students in year 11:

Forename	Surname	Form	House	Points
Isabella	West	11RTS	R	18
Zehra	Turan	11OGA	O	16
Katie	Bucknor	11RTS	R	16
Chijindu	Onukaogu	11RTS	R	16
Sophie	Bernasconi	11BPL	B	14
Benjamin	Gormley	11BPL	B	14
Sowda	Abdi Mahamed	11OGA	O	14
Ruben	Brown	11RTS	R	14
Alejandro	Nieto Cueto	11RTS	R	14
Ariella	Duodu	11RTS	R	14
Michael	Constantinou	11RTS	R	14



### Top students in year 12:

Forename	Surname	Form	House	Points
Alexia	Chrysostomou	12BHK	B	21
Katie	Brookman	12ODS	O	21
Charlie	Mills	12RSL	R	21
Ilana	Tanwie	12OSB	O	17
Ledia	Xhetani	12WTA	W	16
Ahura	Sedaghat	12RSL	R	14
Charlotte	Price	12WBS	W	13
Chizara	Okonkwo	12WTA	W	13
Jermaine	Rendle	12RCW	R	11
Sila	Usta	12RSL	R	11
Mariem	Glasgow	12RSL	R	11

### Top students in year 13:

Forename	Surname	Form	House	Points
Hollie	Burkett	13ATH	O	8
Eleanor	Rogers	13ATH	R	4
Dagi	Nyok	13CRY	W	4
Lewis	Jones	13ESM	O	4
Victoria	Velez Manco	13JBA	W	4
Tansel	Kamil	13JBA	W	4
Yalcin	Maden	13MTU	O	4
Aisling	Brennan	13TDU	W	4
Jenna	Trautner	13TDU	B	4
Aisling	Ryan	13TDU	R	4
Antonia	Owusu-Ansah	13TDU	W	4





# Help us fund raise for our school

Did you know when you sign up to [easyfundraising.org.uk](https://www.easyfundraising.org.uk) and purchase goods from shops on the **website** or **app**, **Highlands School** will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

## Highlands School Enfield

© Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

[www.easyfundraising.org.uk](https://www.easyfundraising.org.uk)

### GET STARTED

#### How to support Highlands School Enfield

- 1** Sign up  
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension  
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations  
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through  
**easyfundraising**



# Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – [tara.human@futurefirst.org.uk](mailto:tara.human@futurefirst.org.uk)

#HighlandsAlumni

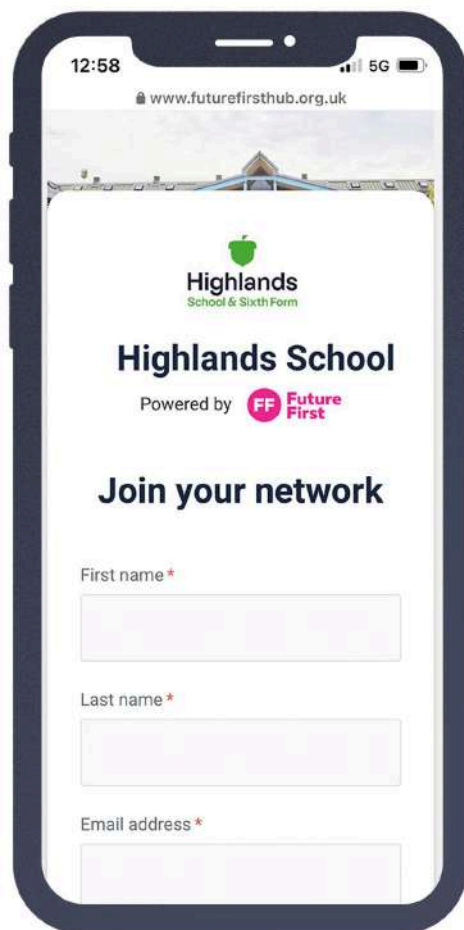


## Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





## Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room. We recently sent out a [medical and allergy survey](#) to all parents - thank you to all those who have completed this - if you haven't already done so, please can this be completed as soon as possible so we can update our records.

## Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

### Urgent mental health support - 24/7 crisis lines

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required  
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

Samaritans 24/7 365 days a year - they are here to listen and provide support  
Call: 116 123 or email: [jo@samaritans.org](mailto:jo@samaritans.org)

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources  
Sign up for free resources [here](#)

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person  
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Childline confidential telephone counselling service for any child with a problem  
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

The Mix provides free, confidential support for young people under 25  
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder  
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



## Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk). This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

## Helpful numbers and websites

**Childline:** 0800 1111

**NSPCC helpline:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** [www.kooth.com](http://www.kooth.com) - support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

## Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [x@Highlands\\_sch](https://twitter.com/Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands School Enfield)