



Highlands School Newsletter

14 June 2024



Dear parents and carers,

Today we welcomed Diversity Role Models back to Highlands. They are an organisation that have worked with us for several years, running workshops for year 8 students with the aim of ending LGBTQ+ bullying in schools. It makes me proud that year-on-year the volunteers from Diversity Role Models tell us that students at Highlands approach this issue with maturity and empathy and we are one of the schools they most look forward to visiting. Well done to all of the students involved.

We wrote to you all last weekend to ask that you make sure that your children are coming to school in appropriate school uniform, fully equipped and following our rules around jewellery and make-up. Thank you for your support with this, students looked excellent this week and we had only a handful of issues to be followed up. Let's keep these standards high all the way to the end of the academic year.

This morning I shared with students the overall leaderboard for the inter-house competition and 'race to Thorpe Park'. This is the final time I will do this before Sports Day brings this year's competition to a close on 9th July. All four houses have over 250,000 points but, incredibly, there are fewer than 400 points between Willow, in first place, and Oak, in second. Rowan are currently third and Beech fourth. It's still all to play for, good luck to all four houses over the last four weeks of the competition!

Key dates for this half term:

- Wednesday 26th June: art department summer exhibition (4.30pm-6.30pm)
- Thursday 27th June: DARE Day 3 & Friday 28th June: DARE Day 4
- Tuesday 2nd July: New intake evening for year 6 parents
- Wednesday 3rd July: Highlands presents Matilda at the Millfield Theatre
- Thursday 4th July: Highlands presents Matilda at the Millfield Theatre
- Friday 5th July: Highlands presents Matilda at the Millfield Theatre
- Tuesday 9th July: Sports Day
- Thursday 11th July: New year 7 (Sept 24 intake) and current year 7 BBQ (6-8pm)
- Thursday 18th July: Thorpe Park trip for winning house, other houses in-school activity day
- Wednesday 24th July: end of term, students dismissed at midday

Mr McInerney, Headteacher



Rowan bake sale

We're delighted to share that **Rowan House** hosted its first bake sale of the term, raising **£180.95** for their chosen charity, **The Felix Project**. There were some delicious treats made by our school community, from cupcakes adorned in colourful sweets, to delicious homemade cookies. Thank you to everyone who participated. Well done, Rowan House!

A reminder that the next bake sales will be

Oak bake sale: Thursday 20th June and **Beech bake sale: Tuesday 25th June**





Diversity Role Models visit Highlands

Today we had 'Diversity Role Models' in school. They have worked with students from Highlands for several years now and they embed inclusion and empathy through education and role model storytelling.

Over the course of the seven years students spend with us, we have a programme of external speakers and guests that help our students with their personal development and that support our school values of determination, aspiration, respect and equality (DARE).

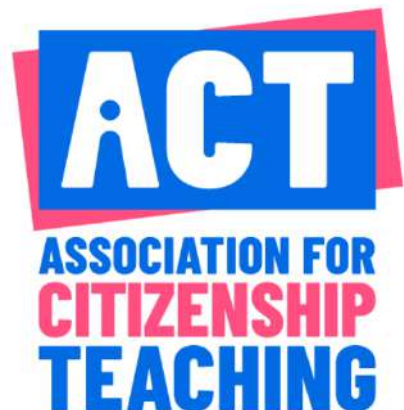


ACT Citizenship Teaching Award

We are delighted to announce that our citizenship department has been shortlisted for an ACT Citizenship Teaching Award in the Association for Teaching Awards.

The ACT Citizenship Teaching Awards recognise and celebrate schools, teachers and organisations who have shown commitment to Citizenship education, and represent its core values.

Well done to Mr Islam and the citizenship team here at Highlands, wishing you the best of luck for the award ceremony that will be taking place on Wednesday 26th June.





International Greenwich Olympiad

Sabiha Tokac in year 10 makes a positive impression with her eco-friendly water heating idea at the International Greenwich Olympiad Queen Mary university!

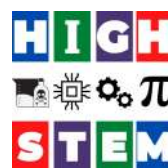
Sabiha Tokac entered her eco-friendly water heating idea into The 2024 International Greenwich Olympiad (IGO) is a project Olympiad organised and hosted by North London Grammar School in London, United Kingdom. The IGO strives to ignite a passion and enthusiasm in students for science and technology by tapping into their curiosity and creativity.

They offer an excellent platform that enables students to put their hands-on skills to good use, come up with new innovative ideas, and convert these into projects to present publicly in the form of research papers, display boards, and other models.

What Sabiha had to say about her project.

'I participated in the International Greenwich Olympiad that took place in Queen Mary University. The aim of my project was to save energy by using refrigerators effectively. Reusing the heat energy released by the refrigerators to heat water which can save up to 10.8 billion kWh per year for the rest of the UK.'

Well done Sabiha for being proactive with your passion for conserving the planet! We hope it's a winner! **Dr Len**





Middlesex Athletics ESAA Qualifiers

On Saturday 8th June some of our most talented athletes were invited to take part in a Middlesex schools qualifying athletics event. Mia Rosen won the U17 girls 800m and Selma Tivmann won the U17 girls 300m. George Robinson finished in an impressive 2nd place in the U15 boys 200m.

Both Mia and Selma have been selected to represent Middlesex at the English Schools Championships in Birmingham in July, a huge well done to you both and to all of the students who took part.



Duke of Edinburgh Award

Our students have achieved an incredible milestone through their participation in the Duke of Edinburgh Award programme, dedicating a collective 572 hours to volunteering in our community. This is an incredible social value of £3,019!

We are so proud of the dedication, effort and achievement they have all made and the impact they have had on our community.

Well done to you all.

Mrs Walters





DARE Days - 27th and 28th June

Our DARE Day trips are in two weeks time, taking place on Thursday 27th and Friday 28th June, all information regarding trip details have been sent home this week.

Below is a summary of the trips planned.

Year Group	Trips
Year 7	<ol style="list-style-type: none">1. London Zoo2. Workshop by Platinum Academy of Performing Arts (on site)
Year 8	<ol style="list-style-type: none">1. Art trip to the V&A museum2. Wise Up - Hub challenge (on site)
Year 9	<ol style="list-style-type: none">1. Trip to the Centre for Experimental Military Archaeology2. Design and technology workshop (on site)
Year 10	<ol style="list-style-type: none">1. Go Ape team building (Alexandra Palace)2. Employability masterclass (on site)
Year 11	Exams
Year 12	<ol style="list-style-type: none">1. Post 18 workshops (on site)2. Wise Up, apprentice themed activity day (on site)
Year 13	Exams

Uniform

If your child is leaving Highlands this year, we are grateful for any donations of their PE kit that is no longer needed, please hand it in to reception.

We also have on site a clothes recycling bin, so any old uniform/other clothes can be put into that recycling bin, which is located near the bike lockers in the school car park.



Headteacher awards

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Aarav Shah 7RJG, Ryan Arun 7RJG, Isaac Mooney 11WCG, Maisie Allan 7RJG, Emily Newton 8RBW, and Zulaikha Chaudhry 8RBW:** Awarded for designing a bake sale poster for their house to help promote the event and raise money for their house charity.

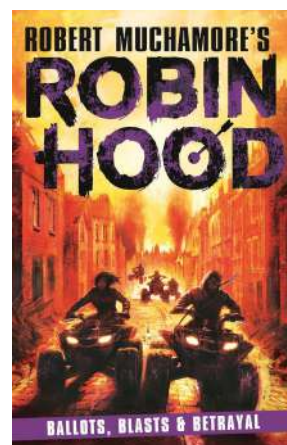


Virtual visit from Author Robert Muchamore

On Monday 10th June, our year 8 students had the fantastic opportunity to enjoy a virtual meeting with renowned author Robert Muchamore. During the session, Muchamore shared fascinating insights into his life, how he began his writing career, and the inspiration behind his popular books including the Cherub book series and the Robin Hood series which is a modern retelling of the classic Robin Hood legend, reimagined for contemporary readers.

The students were captivated by his stories and left the virtual meet-and-greet feeling inspired and motivated.

It was a memorable experience that sparked a greater appreciation for literature and the creative process.





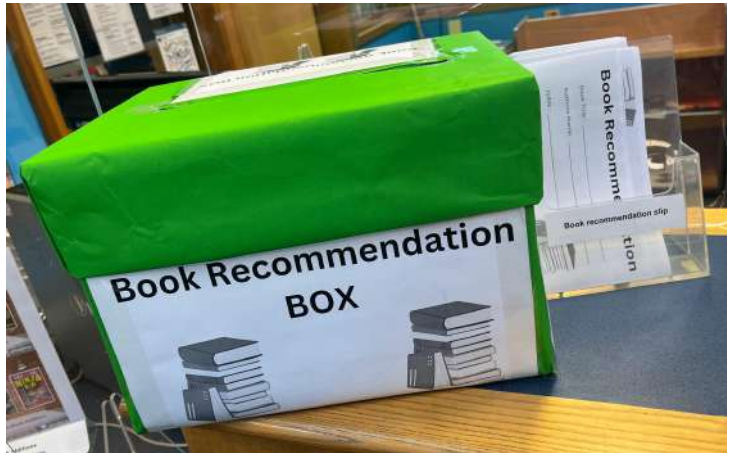
Book recommendations for our library

Dear students,

We want to hear from you!

Do you have any book recommendations you'd love to see in our library? Now's your chance to make your voice heard.

Please share your book suggestions with us. Simply write your recommendation on a sheet of paper and place it in the suggestion box in the Library.



Your input would be much appreciated in helping us build a diverse and engaging collection for everyone to enjoy.

Thank you for your contributions! Happy reading!

Mrs Mehmet

Book donations for our library

Dear parents and carers, this is a great opportunity to clear out those cupboards of any books your children no longer read.

Highlands School Library is collecting books for the welcoming of our new students, to add to our school library and share with students who would like to add to their collection of books at home.





EMS Vocal Recital

We are delighted to share that Enfield Music Service will be holding their EMS Vocal Recital once again this year at the Dugdale Centre.

The recital will be held on **Wednesday 3rd July 2024 at 6.30pm.**

The theatre space will be available from 4.30pm for short run throughs.

The recital is open to pupils who have lessons through EMS as well as other vocalists in our school who would value this opportunity.

EMS also invites small groups - duets, trios or small acapella groups to perform. One song per performer or group. Accompaniments can be live or with backing tracks.

The recital is an opportunity for all our young singers to showcase their talent and achievements and is always a highly successful and lovely evening's entertainment.

I would be grateful if any students wanting to participate in this event, please submit their songs by Friday 21st June for the programme to Elena at elena.browne@enfield.gov.uk.

Ms Maple




Matilda Jr.

Join us for this year's school production of Matilda Jr, the beloved tale of courage, magic, and triumph! Don't miss out on the chance to see our talented students bring this enchanting story to life on stage.

Purchase your tickets now and support our young performers via the [Millfield Theatre Box Office](#) or via the QR code below.



HIGHLANDS SCHOOL PRESENTS




ROALD DAHL'S
Matilda
THE MUSICAL JR.

Book by Dennis Kelly Music and Lyrics by Tim Minchin

WEDNESDAY 3RD JULY - 1:45PM & 7PM
THURSDAY 4TH & FRIDAY 5TH JULY - 7PM
AT THE MILLFIELD THEATRE, SILVER ST., London N18 1PJ
TICKETS £7 AVAILABLE VIA MILLFIELD THEATRE BOX OFFICE

This amateur production is presented by arrangement with Music Theatre International
All authorised performance materials are also supplied by MII
www.mtishows.co.uk
Orchestrations and Additional Music by Chris Nightingale

Highlands School & Sixth Form



PURCHASE TICKETS

Bake sale posters

Thank you to all the students that have created bake sale posters for Rowan's bake sale this week, as well as Willow's the week before. Students please [email](#) me your entries for the **Willow** and **Beech** bake sales coming up. All entries earn house points and they are also a great way of advertising the house bake sales.

Ms Maple





House bake sales

I am delighted to let you know that on **Thursday 20th June** there will be an **OAK** house bake sale and on **Tuesday 25th June** there will be a **BEECH** house bake sale where students will have the opportunity to host another charity fundraising bake sale during break time.

All students who contribute to the bake sale will receive 5 achievement points and additional house points will be awarded to their house for the money raised.

It would be great if parents and carers can encourage and support their children to contribute to the bake sale. We are asking students to bring in baked foods and sweet treats such as cakes, biscuits, cookies or savoury items. These can be homemade or shop bought, but must be free from nuts, sesame and gelatine. We would also welcome contributions of cakes and biscuits that are gluten free and/or vegan/plant based. Please label your cakes with what they are, including your child's name and tutor group, to enable us to give them their house points.

All items should be brought to the drop-off point in reception by **8.30am on the day of the bake sale**. If you wish to have your containers back please ask your child to come to reception at the end of the day to collect them.

Please can all students who wish to participate in the bake sales complete the forms below. We will randomly choose volunteers from different year groups to help on the morning of the sale, with setting up and selling (unfortunately we cannot accommodate everyone who volunteers). Those chosen will be contacted with further information on the day, so they can be released from their lesson earlier.

Thank you for your support and I look forward to seeing all the wonderful baking and contributions.

Mrs Jeynes



Oak bake sale - Thursday 20th June: [participation form](#)

Beech bake sale - Tuesday 25th June: [participation form](#)



September 2024 new year 7 intake and current year 7 BBQ

The HPFA would like to invite our current year 7s to join them for a summer BBQ event - full details are below. Tickets are free for year 7s but all students must be accompanied by an adult. The new year 7s who are due to join us in September have also been invited to attend, so it should be a fun event. Please click on this [link](#) to book your tickets. We are grateful for any donations of raffle prizes please.



YOU ARE INVITED

YEAR 7 SUMMER BBQ

AT
HIGHLANDS SCHOOL
148 WORLDS END LANE
N21 1QQ



*Honest street
food by
Pax Canteen*



*Popcorn &
candy floss
stall*

**11 JULY '24
6PM - 8PM**



*Drinks
stall*

**FOR UPCOMING YEAR 7 ('24 ENTRY) AND
EXISTING YEAR 7 STUDENTS, PARENTS & CARERS**

FREE ENTRY
BOOK YOUR PLACE ASAP VIA THE QR CODE
BELOW



*Games &
activities*



Raffle

**ANY QUESTIONS?
EMAIL US:
HPFAeventtickets@gmail.com**

**PURCHASE YOUR FREE
TICKETS HERE**



House competition half term winners

This week's overall house winner: **highest number of achievement points, minus concern codes**. Well done **Willow**!

This Week	Beech	Oak	Rowan	Willow
Positive Points	4,690	4,973	3,093	5,204
Negative points	-403	-267	-223	-430
Points overall	4,287	4,706	2,870	4,774

Overall inter house update:

Today will be the final time we provide an update on the overall house leaderboard until four weeks time, after Sports Day, when we announce the overall winner of the competition this year. Now, we will share with you the current position of the four houses. It is very close.

All the houses have over 250,000 points.

Despite that there are only 341 points between first and second place!!

There is still lots to play for - including Sports Day, the remaining bake sales and other competitions.

1st	Willow	263,346
2nd	Oak	263,005
3rd	Rowan	252,598
4th	Beech	250,970

Here are the top students this week.

Top students in year 7:

Forename	Surname	Form	House	Points
Asya	Sagiroglu	7WSW	W	36
Frederick	Smith	7BEF	B	34
Isabella	Mene	7OJT	O	33
Marianne	Smith	7WSW	W	32
Kimora	Hall	7WSW	W	32
Katie	Redmond	7BEF	B	30
Kerim	Abidat	7ODM	O	30
Florence	Holyomes	7WSW	W	30
Hannah	Gibbons	7WSW	W	30
Erin	Eastwood	7ODM	O	29



Top students in year 8:

Forename	Surname	Form	House	Points
Nea	Petritaj	8WNK	W	45
Sena	Oguz	8WNK	W	39
Kaelyn	Beisty	8WNK	W	38
Marianna	Pallikaros	8WMP	W	37
Maria	Csaki	8WNK	W	37
Mollie	Abrahams	8WNK	W	36
Anaiya	Dhaliwal	8WNK	W	36
Gabriella	Michaelides	8WMP	W	33
Chloe	Shi	8WMP	W	32
Abel	Kalaj	8WMP	W	30

Top students in year 9:

Forename	Surname	Form	House	Points
Melisa	Spahia	9BYC	B	55
Joseph	Tsangari	9BYC	B	55
Sakina	Putwa	9WJQ	W	55
Georgia	Gkiontsari	9BYC	B	52
Naomi	Clark	9WJQ	W	52
Joseph	Smyth	9BYC	B	51
Ina	Varbanova	9BYC	B	50
Julia	Roszkowska	9BYC	B	49
Naisha	Kumar	9BYC	B	47
Era	Halili	9WJQ	W	47

Top students in year 10:

Forename	Surname	Form	House	Points
Maxim	Volkov	10OKK	O	46
Hamza	Kasmani	10OKK	O	45
Rafal	Kruczek	10OKK	O	41
Baran	Byndor	10WTH	W	39
Evie	Ferguson	10WTH	W	39
Abby	Reay	10OAB	O	38
Livanur	Atakli	10OKK	O	38
Ali	Yelmer	10OKK	O	38
Batuhan	Duran	10OKK	O	38
Zdravko	Tatanov	10OKK	O	37



Top students in year 12:

Forename	Surname	Form	House	Points
Ahura	Sedaghat	12RSL	R	16
Poppy	Beacham	12BJT	B	10
Alexia	Chrysostomou	12BHK	B	5
Katie	Brookman	12ODS	O	5
Charlie	Mills	12RSL	R	5
Ledia	Xhetani	12WTA	W	5
Joshua	Lincoln	12WBS	W	4
Maria	Salamanca	12WTA	W	3



Help us fund raise for our school

Did you know when you sign up to easyfundraising.org.uk and purchase goods from shops on the **website** or **app**, **Highlands School** will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

Highlands School Enfield

Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

www.easyfundraising.org.uk

GET STARTED

How to support Highlands School Enfield

- 1** Sign up
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through
easyfundraising



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – tara.human@futurefirst.org.uk

#HighlandsAlumni

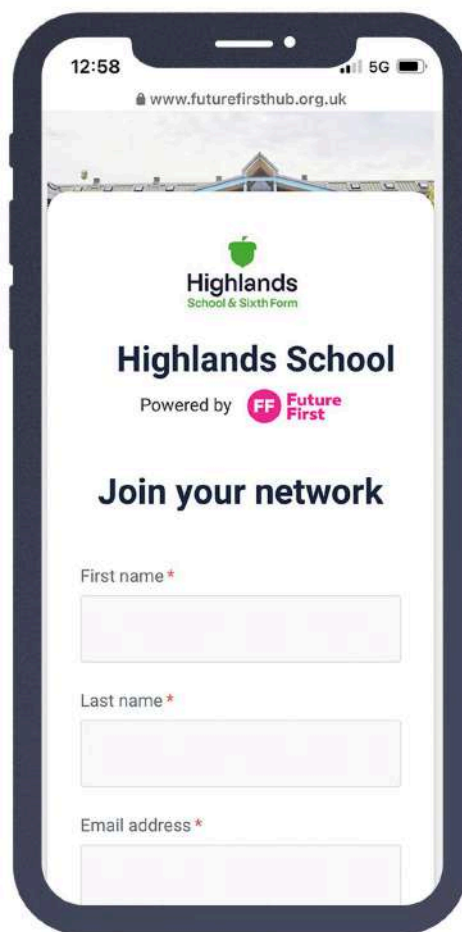


Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room. We recently sent out a [medical and allergy survey](#) to all parents - thank you to all those who have completed this - if you haven't already done so, please can this be completed as soon as possible so we can update our records.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Urgent and other support available

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>

Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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