



# Highlands School Newsletter

03 May 2024

Dear parents and carers,

I wrote to you earlier this week to inform you of the tragic and unexpected death of one of our longest serving and popular members of staff, Mrs Rosanna Rossi. Mrs Rossi was taken ill on Saturday night and died on Monday afternoon. In her 23 years at Highlands she was a lunchtime supervisor, worked in our SEN department, and then was a cover supervisor. As I wrote on Monday, she and I would often discuss her trips to Italy, which she loved, and her enthusiasm for Italian food and culture. She was such a positive and enthusiastic colleague, she would always go the extra mile for our students and our school. Our thoughts and prayers are with her family at this incredibly difficult time.



Mrs Rossi's death has affected us all deeply. This week many former colleagues and students have got in touch to express their shock and sorrow at the news. Lots of you have written to school to offer support and we thank you for that. Students, particularly those who Mrs Rossi regularly taught, have been offered support.

In school we have a remembrance book and I thought a fitting way to end my section of this week's newsletter would be to share some of the comments left by our staff. In time we will honour and remember Mrs Rossi in a permanent way, but these comments will give you a sense of the wonderful person she was and the impact her loss has had on the school community:

*"Your smile, positivity and energy was amazing. Thank you for the light and laughter you brought."* - Ms Hutchinson.

*"You will be missed for the one of a kind beautiful lady you were. I am so grateful that you have been a part of my Highlands journey."* - Ms Djemal.

*"...always with a smile and wearing another gorgeous dress or jacket. Bet you didn't realise quite what an impact you had on us all. You will be so missed."* - Ms Steiner.

*"I am going to miss your wonderful smile and great spirit. It was a pleasure to work with you these past 20-odd years. Highlands is going to miss you so much."* - Ms McCalmont.

Mr McInerney, Headteacher



## Former student and world record holder visits Highlands

Para athlete Anthony Bryan left a lasting impression on our students as he delivered an inspirational talk that resonated deeply with the young minds. Known for his resilience and determination, Anthony captivated the audience with his personal journey of overcoming obstacles and achieving greatness against all odds.

Beyond his inspiring words, Anthony Bryan made headlines on the 21st April by setting a Guinness World Record in the London Marathon. Battling through the gruelling 26.2 mile course, Anthony showcased his remarkable strength, resilience and endurance, crossing the finish line in record-breaking time.

His achievement not only solidifies his place in history but also serves as a testament to the power of perseverance and determination.

Anthony Bryan's visit will undoubtedly leave a lasting impact on our school community, inspiring students to reach for the stars and never give up, no matter the challenges they may face. Thank you Anthony for coming back to your old school

***“Sport is something that was an escapism for me, when I did sport I no longer felt like I had a disability. My strength is my resilience. I would never give up!”***

**- Anthony Bryan**





## Plastic vs Planet competition winners

Congratulations to the winners of the *Planet vs Plastic* poster competition run by Pinnacle Group.

Francesca Koci, Nihar Vaidya and Yuxi Chen were presented with their prizes this week. They received super-cool air up bottles and flavoured pods for their amazing and creative poster skills. Well done to you all.



## Dance students of the week

We have three dance students of the week!

Well done to Erin Eastwood and Charlotte Fisher in year 7 and Abby Rae in year 10. I have been really impressed with your levels of concentration and excellent work ethic. Keep up the great work!

**Mrs Brown**



**Charlotte Fisher**



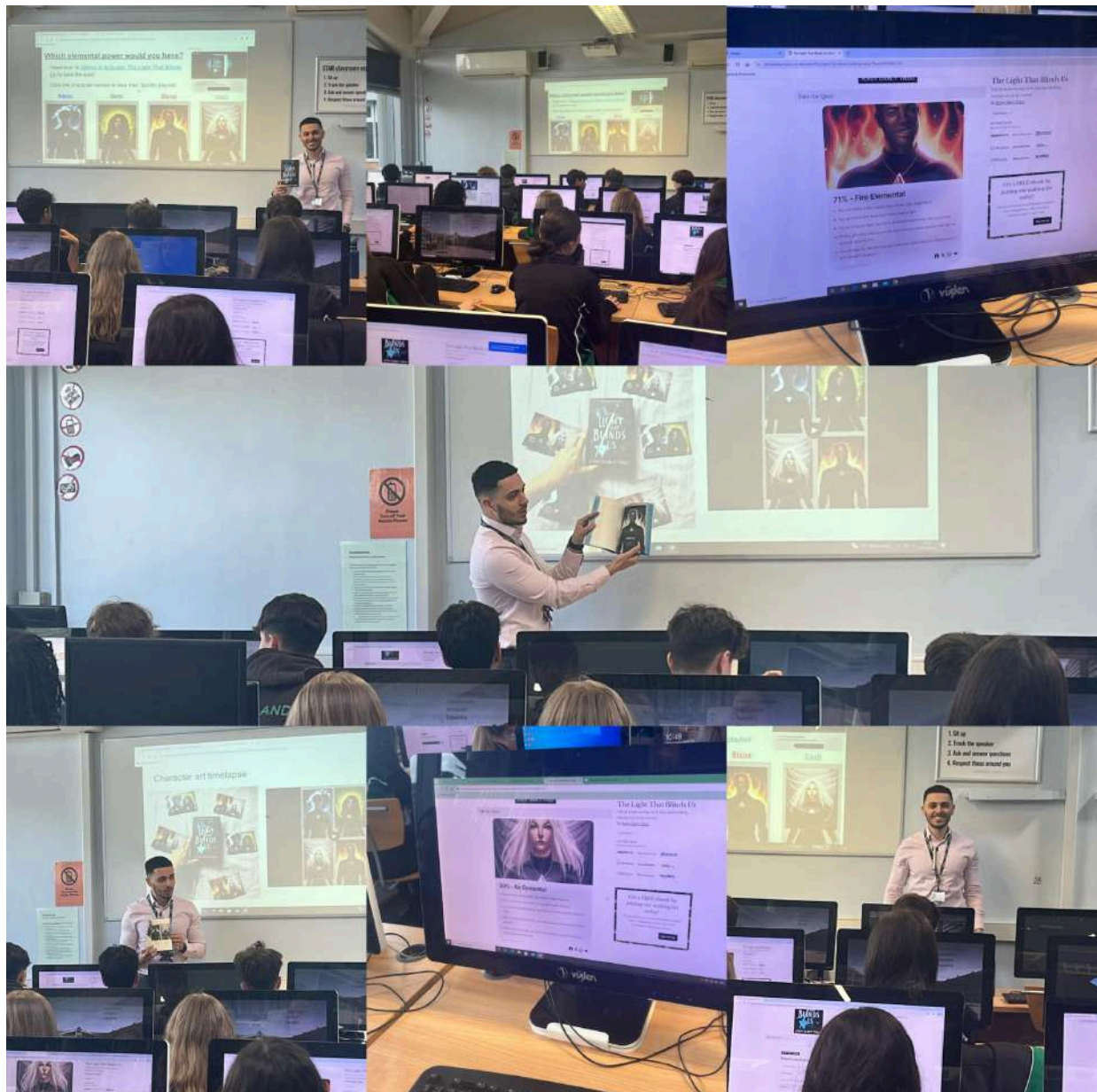
**Erin Eastwood**



## Author visit at Highlands School

This week we continued our author visits with a talk for year 9s from Highlands' own Mr Theophani. Students heard about what inspired him to start writing and his journey to publishing his first book, "The Lights that Blind Us" (a fantasy book for young adults who are 14+).

Mr Theophani will be delivering talks to all of our students in year 9 and 10 and hopefully inspiring young writers to pick up the pen.





## Inter house netball competition

This week at Highlands more inter house netball competitions took place for the year 8 and year 9 teams. Congratulations to the winners and well done to all of the players that took part.



Year 8: **1st Willow, 2nd Beech, 3rd Oak and 4th Rowan**



Year 9: **1st Oak, 2nd Rowan, 3rd Willow and 4th Beech**



## Staff house quiz

Congratulations to team Willow who won the staff house quiz on Friday afternoon. Having won the last two competitions, Beech were finally stripped of their crown this round and beaten by both Willow and Oak to finish 3rd. What a great, competitive game between the four houses and a huge well done to team Willow!

**1st Willow, 2nd Oak, 3rd Beech and 4th Rowan**

## Department house competitions

Well done to the winning houses in the performing arts house competitions.

Drama Scratch performance: **1st:** (8BJF) Beech, **2nd:** Rowan and **3rd:** Oak

## Effective revision techniques assembly

This week's assembly topic was sharing effective revision techniques such as using flash cards and how to use them using the Leitner system.

Breaking topics and subtopics down using graphic organisers and other different methods of recalling knowledge in preparation for end of year exams.


Wishing our students the best of luck for their exams.





## Highlands book of the month - May


Recommended read for KS3 and KS4 the library and English department



**Why these books?**

For this month we decided to take two books from the same author. One for KS3 and one for KS4. But we decided 'Why focus on one book when we could focus on an entire series of books?' That is what we have done for this month. Introducing May's **BOOK SERIES** of the month, by Anthony Horowitz, 'Alex Rider' for KS3 and Evil Star 'The Power of Five' for KS4.

Enjoy!  
Abel Kalaj 8WMP



## September 2024 new year 7 intake and current year 7 BBQ



SAVE THE DATE

**NEW YEAR 7**  
(SEPTEMBER 2024)  
**& CURRENT YEAR 7**  
**BBQ**

An evening of fun, games and getting to know each other.  
Free entry ticket  
Food and drinks on sale

**11TH JULY 2024**  
**6PM - 8PM**  
More details to follow soon.





## Year 13 Prom

The year 13 prom will take place on **Thursday 4th July**.

The cost of the prom is £50 which includes a buffet, photo booth, and soft drinks.

Please confirm your booking via Parentpay as soon as possible for the few remaining spaces.

## Year 13 leavers hoodies

The shop is now open to order leavers hoodies for year 13.

To place an order, please visit the following website: <https://shop.fizz-group.co.uk/>

The unique user code has been emailed to parent/carers and students. If you need to be reminded of this please contact the sixth form at [sixthform@highlearn.uk](mailto:sixthform@highlearn.uk).

The deadline for ordering is **9th May 2024 at 10am**. No late orders can be accepted.

**The sixth form team**

## Year 11 Prom

The year 11 prom will take place on **Monday 24th June 2024**

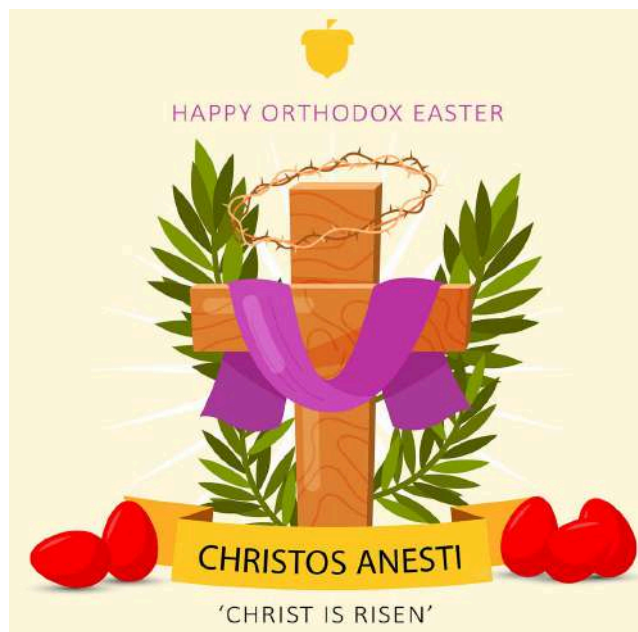
The cost of the prom is £45 which includes a snack buffet, photo booth, sweet stall and soft drinks.

Please confirm your booking via ParentPay **by 7th June** in order to reserve a space.

## Happy Orthodox Easter

Christos Anesti! Christ is risen!

Wishing all of our orthodox community a happy Easter!







## Headteacher awards

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Kristiana Alexandrou 13MTU, Louise Georgiou 13CRY and Alex Attaliotis 12RCW:** Awarded for taking initiative in starting and running the economics club which involves preparing lessons/activities to share their passion for economics with y7/8 students.
- **Aston Lyle 7RAS, James Butcher 9OSM, Elis Cristavo 9WCM and Zehra Belser 9WJQ:** Awarded for exceptional acts of kindness for assisting staff and going above and beyond to help with tidying up and setting up Cultural and Heritage day
- **Franceska Koci 9RTC, Yuxi Chen 8BJF and Nihar Vaidya 9BLM:** Awarded for winning the Plastic vs Planet poster competition.
- **Alexandra Drikou 10OKK, Niamh McDonnell 10RNC, Ella Kissos Boast 10RCB, Imogen Ganvir 10BJC, Sami Osmanli 11BRD, Kamuran Kaygisiz 11RTS, Jasmine Desai 11OMK, Theo Jay Coleman 11RKM and Lola Matthews 11WER:** Awarded for working extremely hard to complete their GCSE art coursework and responding very well to teacher feedback. Well done.
- **Marino Panayides 11BRD, Sulaimaan Rasooli 11OGA and Charlie Northrop 11RKM:** Awarded for outstanding contribution on a school trip and being extremely helpful in a challenging situation.
- **Klea Kambo 7WSW:** Awarded for most progress made in Bedrock in 7WSW for April.
- **Eleanor McHale 12BHK:** Awarded for constantly helping and participating in any activity which helps the school or community.
- **Lilah Jones 7WMT, Kelechi Nwokeji 8RBW, James Cooper-Dobson 9BYC and Darcey Griffin 8WM:** Awarded for reaching their reading age and coming off Lexia.





## Road safety campaign - poster competition

Highlands, Grange Park and Merryhills schools have all been jointly involved in a road safety campaign to try to improve the safety in the local area, surrounding our schools. Please see [here](#) a copy of a letter all three schools have prepared and have sent to the borough about these issues. We have also copied in our local councillors to make them aware as well. We would encourage any parents to support our aims with this campaign, by not parking illegally, and by also writing to the council asking for improvements to be made to our roads.

In conjunction with this, we are also running a **road safety poster competition**. Students are encouraged to enter by designing a poster highlighting some of the issues raised in our letter. We are hoping to have the winning posters displayed outside the schools, and the winning entry will win valuable house points for their house. Designs should be handed into reception for the attention of Mrs Czupich - we have extended the deadline for submission of these to **Monday 20th May**. Please ensure students write their name on the back of their entries.

Thanks to everyone for supporting this road safety campaign, we hope it will make a difference.

**Mrs Czupich**





## Extra curricular timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Club: Debating Club</b> Venue: H6 Time: 3:15 - 4:15 Years: 7-11 Teacher: Mr Islam, Ms Frohlich	<b>Club: History Club</b> Venue: E4 Time: 3:15 - 4:15 Years: 7-13 Teacher: Ms Duffmasters	<b>Year 7 &amp; 8 Ed Extra Program</b>  <b>Period 5</b>  <b>2:10 - 3:15</b>  <b>(Year 7 &amp; 8 only)</b>	<b>Club: Pride Club (Week A)</b> Venue: A4 Time: 3:15 - 4:15 Years: 7-9 Only Teacher: Ms Brandon	<b>Club: Homework Club</b> Venue: Library Time: 3:15 - 4pm Year: SEN pupils only Teacher: Miss Rattan, Mrs Warren, Miss Patel
<b>Club: Homework Club</b> Venue: Library Time: 3:15 - 4pm Year: SEN pupils only Teacher: Miss Rattan, Mrs Warren, Miss Patel	<b>Club: GCSE Art &amp; A Level Art &amp; Photography Catch Up</b> Venue: Art Rooms Time: 3:15 - 5:00 Year: 10-13 Teacher: Ms McCalmont, Ms Brandon		<b>Club: Pride Club (Week B)</b> Venue: A4 Time: 3:15 - 4:15 Years: 10-13 Only Teacher: Ms Brandon	
<b>Club: BTEC Media Studies Catch Up Club</b> Venue: MM6 Time: 3:15 - 4:00 Year: 10-13 Teacher: Mr Groves, Mr Qureshi	<b>Club: D&amp;D Club</b> Venue: A5 Time: 3:15 - 4:30 Years: 7-13 Teacher: Mr Godwin		<b>Club: GCSE Textiles Catch Up Club</b> Venue: T4 Time: 3:15 - 4:00 Year: 10-11 Teacher: Mrs Trela	
	<b>Club: Homework Club</b> Venue: Library Time: 3:15 - 4pm Year: SEN pupils only Teacher: Miss Rattan, Mrs Warren, Miss Patel		<b>Club: Homework Club</b> Venue: Library Time: 3:15 - 4pm Year: SEN pupils only Teacher: Miss Rattan, Mrs Warren, Miss Patel	
			<b>Club: Economics Club</b> Venue: E1 Time: 3:15-4:00 Year: 7-8 Teacher: Miss Ryoo	
			<b>Club: GCSE Art &amp; A Level Art Catch Up</b> Venue: Art Rooms Time: 3:15 - 5:00 Year: 10-13 Teacher: Ms McCalmont	

### PE Clubs Programme 2024 (15th April - 24th May)

Monday	Tuesday	Thursday	Friday
<b>Tennis</b> Y7-11 (Boys and Girls) Mr Robson Sports Hall 3:15 - 4:30	<b>Rounders</b> Y7-10 Girls Ms Walters/Ms Hutchinson Field 3:15 - 4:30	<b>Rugby</b> Y8-9 Boys Mr Robson + Rugby Coach Old Grammarians 3:15 - 4:30 *Google Form required*	<b>Athletics</b> Y7-13 Ms Berrill/Mr Joseph Field 3:15 - 4:15
<b>Cricket</b> Y7-11 (Boys and Girls) Mr Avann Astroturf 3:15 - 4:30	<b>Badminton</b> Y7-9 (Boys and Girls) Mr Robson Sports Hall 3:15 - 4:30	<b>GCSE 2nd Year Intervention</b> 10P/Pg1 + 11Q/Pg1 only Mr Joseph 3:15 - 4:15	
	<b>A Level Intervention</b> Y13 (13E/Pe1 only) Mr Avann SL6 3:15 - 4:00		



## House competition weekly results

This week's overall house winner: **highest number of achievement points minus concern codes plus the house points from the house quizzes and netball.** Well done **Willow!**

	Beech	Oak	Rowan	Willow
Positive	4,881	4,558	3,800	3,942
Negative	-460	-470	-328	-490
<b>Total</b>	<b>4,421</b>	<b>4,088</b>	<b>3,472</b>	<b>3,452</b>
Y11 house quiz	3,000	2,000	1,000	4,000
Staff house quiz	2,000	3,000	1,000	4,000
Year 8 netball	3,000	2,000	1,000	4,000
Year 9 netball	1,000	4,000	3,000	2,000
<b>Grand total</b>	<b>13,421</b>	<b>15,088</b>	<b>9,472</b>	<b>17,452</b>

Here are the top students this week.

### Top students in year 7:

Forename	Surname	Form	House	Points
Ciara	Moore-Mcgowan	7WSW	W	39
Evie	Howlett	7WSW	W	39
Inaya-Amor	Peart-Heron	7WSW	W	35
Ryan	Arun	7RJG	R	32
Marianne	Smith	7WSW	W	31
Hannah	Gibbons	7WSW	W	31
Yiannis	Hajilambi	7BLR	B	30
Aariah	Udahemuka	7WSW	W	30
Anthony	Stavrou	7WSW	W	30
Akeesa Induvari	Gurubebila vitharanage	7BEF	B	29



**Top students in year 8:**

Forename	Surname	Form	House	Points
Zayn	Akhtar	8BJF	B	40
James	Petrie	8BJF	B	36
John	Williams	8BJF	B	36
Bibiana	Edwards	8BJF	B	36
Ethan	Are	8BJF	B	35
Gulay	Yuksel	8BJF	B	34
Aisha	Gambo	8BJF	B	33
Beyza	Guyen	8BJF	B	33
Romiyah-Capprie	Calica	8BJF	B	33
Yuxi	Chen	8BJF	B	33

**Top students in year 9:**

Forename	Surname	Form	House	Points
Owen	White	9OSM	O	60
Beatrice	Afhim	9OSM	O	59
Mackenzie	Wright	9OSM	O	56
Kingston	Barrow	9OSM	O	54
James	Butcher	9OSM	O	54
James	Cooper-Dobson	9BYC	B	53
George	Baker	9BYC	B	50
Melisa	Spahia	9BYC	B	50
Gabrielle	Russell	9BYC	B	50
Ermioni	Tsantikou	9OSM	O	50

**Top students in year 10:**

Forename	Surname	Form	House	Points
Evie	Whitbread	10WDD	W	39
Florence	Eaves	10OKK	O	37
Mikael	Chaudhry	10OAB	O	35
Lucy	Lord	10RNC	R	35
Aleksander	Ivanov	10WDD	W	34
Shekhinah	Gitu	10BJC	B	33
Panos	Anastasiou	10OKK	O	33
Athanasios	Ioannou	10OKK	O	33
Batuhan	Duran	10OKK	O	33
Emiera	Mert	10WDD	W	33
Javon	Ikpeme	10WDD	W	33
Skye	Creary	10WDD	W	33



### Top students in year 11:

Forename	Surname	Form	House	Points
Benjamin	Gormley	11BPL	B	25
Yashraj	Singh	11BRD	B	17
Katie	Bucknor	11RTS	R	14
Athanasios	Aristidou	11WCG	W	11
Wunfai Alex	Lo	11BRD	B	9
Destiny	Pierre-Payne	11BRD	B	8
Daniel	Simpson	11WER	W	7
Lola	Matthews	11WER	W	7
Aiden	Cela	11BPL	B	6
Rakibe	Halili	11BRD	B	6
Daisy	Warner	11RKM	R	6
Baran	Kaygisiz	11RTS	R	6
Elaine	Ho	11WCG	W	6

### Top students in year 12:

Forename	Surname	Form	House	Points
Ledia	Xhetani	12WTA	W	35
Alexia	Chrysostomou	12BHK	B	31
Charlie	Mills	12RSL	R	31
Katie	Brookman	12ODS	O	29
Tyler	Macdonald	12OSB	O	9
Hannah	Bernasconi	12BJT	B	8
Rachel	Lok	12KGU	W	8
Marissa	Antoniou	12ODS	O	8
Ahura	Sedaghat	12RSL	R	8

### Top students in year 13:

Forename	Surname	Form	House	Points
Alexia	Kyriakou	12KGU	W	8
Yalcin	Maden	13MTU	O	5
Kristiana	Alexandrou	13MTU	R	4



# Help us fund raise for our school

Did you know when you sign up to [easyfundraising.org.uk](http://easyfundraising.org.uk) and purchase goods from shops on the **website** or **app**, **Highlands School will earn a commission from the sale?**

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

## Highlands School Enfield

Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

[www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

### GET STARTED

#### How to support Highlands School Enfield

- 1** Sign up  
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension  
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations  
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through  
**easyfundraising**



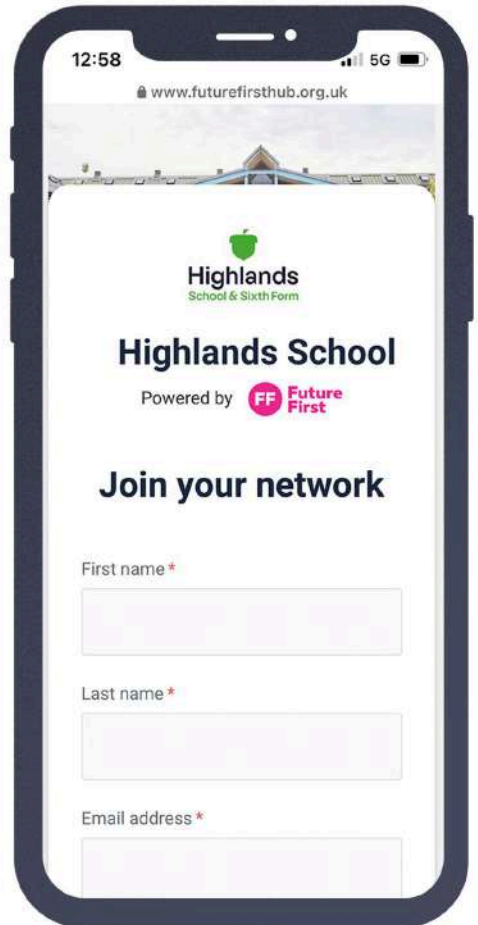
# Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – [tara.human@futurefirst.org.uk](mailto:tara.human@futurefirst.org.uk)

## #HighlandsAlumni



### Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.







## Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room. We recently sent out a [medical and allergy survey](#) to all parents - thank you to all those who have completed this - if you haven't already done so, please can this be completed as soon as possible so we can update our records.

## Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

### Urgent mental health support - 24/7 crisis lines

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required  
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

Samaritans 24/7 365 days a year - they are here to listen and provide support  
Call: 116 123 or email: [jo@samaritans.org](mailto:jo@samaritans.org)

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources  
Sign up for free resources [here](#)

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person  
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Childline confidential telephone counselling service for any child with a problem  
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

The Mix provides free, confidential support for young people under 25  
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder  
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



## Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk). This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

## Helpful numbers and websites

**Childline:** 0800 1111

**NSPCC helpline:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** [www.kooth.com](http://www.kooth.com) - support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

## Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [x@Highlands\\_sch](https://twitter.com/Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands_School_Enfield)